

# ECOG

ECOG/OMS Escala del estado funcional de la Eastern Cooperative Oncology Group

0 - Asintomático y actividad normal (OMS: actividad normal sin restricciones)

1 - Sintomático, pero ambulatorio (OMS: restricción para la actividad física intensa)

2 - Sintomático, levantado durante más del 50% de las horas de vigilia (OMS: capaz de cuidar de sí mismo, pero no de trabajar)

3 - Sintomático, sentado o en cama más del 50% del día (OMS: capaz de cuidar de sí mismo con limitaciones)

4 - Encamado o confinado a una silla (OMS: totalmente dependiente e incapaz de cuidar de sí mismo)

5 - Muerte

Oken, M.M., Creech, R.H., Tormey, D.C., Horton, J., Davis, T.E., McFadden, E.T., Carbone, P.P.: Toxicity And Response Criteria Of The Eastern Cooperative Oncology Group. Am J Clin Oncol 5:649-655, 1982

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ECOG PERFORMANCE STATUS	KARNOFSKY PERFORMANCE STATUS
0—Fully active, able to carry on all pre-disease performance without restriction	100—Normal, no complaints; no evidence of disease  90—Able to carry on normal activity; minor signs or symptoms of disease
1—Restricted in physically strenuous activity but ambulatory and able to carry out work of a light or sedentary nature, e.g., light house work, office work	80—Normal activity with effort, some signs or symptoms of disease  70—Cares for self but unable to carry on normal activity or to do active work
2—Ambulatory and capable of all selfcare but unable to carry out any work activities; up and about more than 50% of waking hours	60—Requires occasional assistance but is able to care for most of personal needs  50—Requires considerable assistance and frequent medical care
3—Capable of only limited selfcare; confined to bed or chair more than 50% of waking hours	40—Disabled; requires special care and assistance  30—Severely disabled; hospitalization is indicated although death not imminent
4—Completely disabled; cannot carry on any selfcare; totally confined to bed or chair	20—Very ill; hospitalization and active supportive care necessary  10—Moribund
5—Dead	0—Dead

From: <https://neurocirugiacontemporanea.es/wiki/> - **Neurocirugía Contemporánea**  
ISSN 1988-2661

Permanent link: <https://neurocirugiacontemporanea.es/wiki/doku.php?id=ecog>

Last update: **2025/05/04 00:01**

